

## **Price list**

### **Initial Naturopathic and Bowen Consultations – \$190 (60mins)**

During your initial naturopathic consultation a thorough medical history, including relevant family history as well as your current diet, exercise regime and lifestyle are taken. Any recent pathology tests or names of current medications should be brought to your initial consultation.

During this consultation, an individual health care plan will be formulated. This may include dietary and lifestyle changes, herbal medicines and/or nutritional supplements. During the consultation you will receive a Bowen treatment to address any physical symptoms that you are presenting with and to help relax the nervous system, leaving you feeling balanced.

### **Follow up Naturopathic and Bowen consultations – \$140 (45 min)**

These appointments include reviews to your health care plan and a follow up Bowen treatment.

### **Bowen consultations \$120 (60 mins)**

### **Acute consultations – available on Skype or telephone \$50 (15)**

These short appointments are available only after initial consultations so that I have a full medical history. They are designed for acute conditions such as cold and flu or to review a repeat individualised herbal remedy.

**Health Fund Rebates are available with all Australian private health funds depending on your level of cover. Please call your health fund for information.**